

SIMPLE, SUCCESSFUL COMPOSITE REPAIRS

Techniques to Remedy Surface Defects



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INTRODUCTION

When patients present with esthetic composite restorations requiring repair, or if defects are detected during the direct restorative process, a simple technique for repairing composite defects is invaluable.¹ This basic technique can be varied slightly to correct composite defects at a couple of different points in the restorative process: initial placement and post-treatment. These procedures can remedy defects involving pits and voids, fractures, white lines, and improper contouring (**Figs 1-2**).

Key to this technique's success is ensuring that the repair is completed prior to any polishing if the procedure is to be accomplished during the initial fabrication of the restoration. If the surface has already been polished, added composite will not bond to the surface. Therefore, it will be necessary to roughen the composite surface in order to repair the composite defect (**Fig 3**).^{2,3}

Additionally, for the post-treatment repair of microhybrid and nanohybrid restorations more than one day old, a micro-etching sandblast should be applied to the defective area prior to etching with 35% phosphoric acid.⁴ For microfill repairs, this author does not recommend sandblasting. Because the microfill composites contain such small and uniform particles, micro-etching decreases the mechanical retention created by the bur marks.

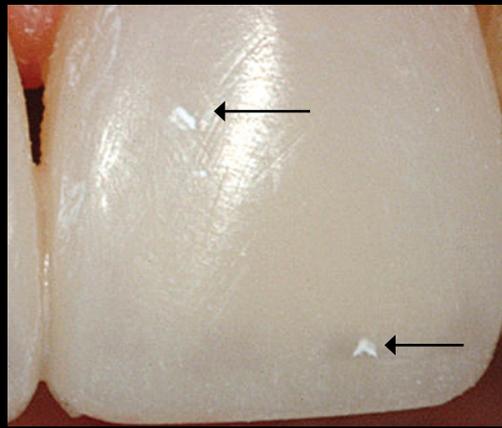


Figure 1: Close-up view showing two defects on tooth #9.



Figure 2: Close-up view of a four-and-a-half year old composite restoration on tooth #9 that presented with a stained void.

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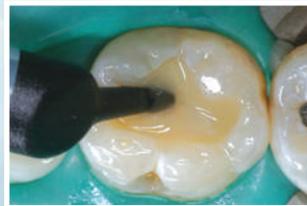
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1. Prep



2. Fill with Venus Bulk Fill after adhesive placement



3. Final layer with Venus Diamond



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Figure 3: Repairing a composite defect will require roughening the composite surface.



Figure 4: Use a large, round, fine-grit diamond bur on the surface of the restoration.



Figure 5: The bur should only engage deep enough to make a saucer-shaped preparation.

Technique

STEP 1.

If the composite surface has already been polished, lightly roughen the area with a coarse contouring disk or a fine-grit diamond bur. On the unpolished or roughened surface with the defect, place a large, round, fine-grit diamond bur (8801-018, Brasseler USA; Savannah, GA) on the surface of the restoration (Fig 4), engaging it only deep enough to make a shallow saucer-shaped preparation (Fig 5). As a beveled margin is desired (Fig 6), do not allow the bur to sink deeper into the composite surface, which would create a butt joint margin. If the defect extends deeper into the saucer-shaped preparation, to avoid making the repair larger than necessary, use a smaller round bur to deepen only the specific area of the deeper defect (Fig 7).



Figure 6: A beveled margin is desired.



Figure 7: If the defect extends deeper into the saucer-shaped preparation, use a smaller round bur to deepen only that area.



Figure 8: Etch the preparation to clean debris and apply a thin layer of unfilled resin, but do not cure at this time.

STEP 2.

Acid-etch the prepared area for three to five seconds to remove debris and clean the surface, rinse well, and dry thoroughly. Apply a thin layer of unfilled resin to the preparation. Do not light-cure at this time. (Fig 8).

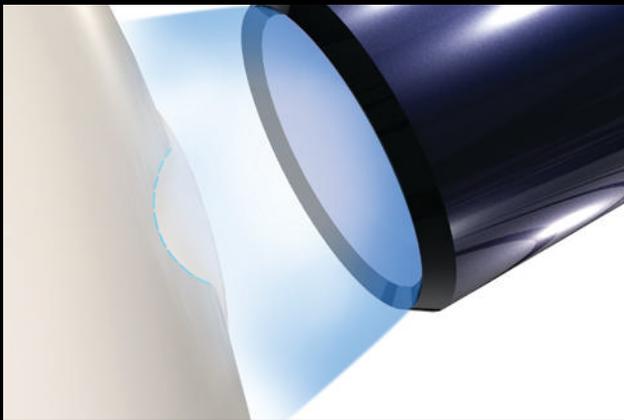


Figure 9: Place and sculpt the composite, without over-bulking it, then light-cure.

STEP 3.

Without over-bulking the repair, place and sculpt the composite. Light-cure the composite as directed. (Fig 9).



Figure 10: Contour the repair, then polish the restoration.

STEP 4.

Contour the repair to mimic the natural dentition. After contouring the repair, complete a final polish of the restoration to achieve esthetic and functional success (Figs 10-12).



Figure 11: Close-up view of the repair to correct the defects shown in Figure 1.



Figure 12: Close-up view of the repair to correct the stained void shown in Figure 2.

References

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LARGER REPAIRS:

Repairs of fractures or other large problems can be accomplished using the same steps to prepare the existing surface. Round or smooth any sharp corners or irregular edges, then micro-etch, acid-etch, apply unfilled resin, and add composite.

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